

Brittainy Noel

TRANSFORMATIVE SPEAKER INTERNATIONAL THERAPIST

PROFOUND.
IMPACT.

Welcome to the Electronic Press Kit (EPK) for Brittainy Noel a dynamic and influential keynote speaker renowned for empowering audiences in prioritizing mental health and embracing emotional wellness.

WWW.BRITTAINYNOEL.COM



ELECTRONIC PRESS KIT



MEET **BRITTAINY NOEL, LCSW**

Brittainy Noel is more than a speaker; she is a catalyst for positive change. With a background rooted in therapy, coaching, and a passion for guiding individuals through life's toughest transitions, Brittainy brings a unique blend of expertise & humor and to the stage.

HIGHLIGHTS

- **Keynote Speaker:** Engaging and thought-provoking, Brittainy's talks captivate audiences with insights into navigating life's transitions, building emotional resilience, and thriving after adversity.
- **Therapeutic Background:** Brittainy's journey began at MD Anderson Cancer Hospital where she guided clients through the challenging terrain of their cancer diagnoses, and empowering them to navigate their unique paths to recovery. Before opening her Private Practice in 2017 she specialized in PTSD and trauma therapy for combat veterans.
- **Expertise Integration:** Brittainy seamlessly integrates therapeutic methodologies such as Motivational Interviewing, Cognitive Behavioral Therapy, Trauma Processing Therapy, Coping Skills, and Relationship Building into her coaching practice, ensuring a holistic and impactful approach.

SOCIAL MEDIA INFLUENCE IMPACT

Instagram @BRITTAIYNOEL

238K
FOLLOWERS

609K
MONTHLY
REACH

74K
ACCOUNTS
ENGAGED

facebook @BRITTAIYNOEL

2K
FOLLOWERS

6.9K
MONTHLY
REACH

387
ACCOUNTS
ENGAGED

YouTube GROW WITH BRITTAIY

7K
SUBSCRIBERS

52K
MONTHLY
REACH

AUDIENCE DEMOGRAPHICS

74%
WOMEN

25%
MEN

40%
AGE 25-34

28%
AGE 35-44

15%
AGE 18-24

11%
AGE 45-54

MEDIA APPEARANCES

ESSENCE



Authority
Magazine



Sherri



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BOOKING INFORMATION

All of Brittainy Noel's messages are tailored to fit the needs of your team! Hire her to inspire your organization now!



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